



Bedford Behavioral Health

## Patricia A. Pollock, MA, LPC, NCC

Olde School House Commons 8336 Monroe Road, Room 120

Lambertville, MI 48144

419-450-2487 \* 888-700-7159(fx)

bedfordbehavioral.com

I am a Licensed Professional Counselor (#6401012745), and a National Certified Counselor (#332655). I received my master's degree in counseling from Spring Arbor University in 2011.

I am trained to provide solution-focused, brief, and cognitive behavioral therapy. My experiences include individual and group counseling.

I am competent to provide services in the following domains:

- ♦ Parenting and child matters
- ♦ Marriage and relationship concerns
- ♦ Adolescent and adult anger management
- ♦ Older adult care
- ♦ Adjustment related to trauma, grief, and loss
- ♦ Phase of life adjustment
- ♦ Psychological assessment and evaluation
- ♦ Work/life balance
- ♦ Career counseling

Currently, counseling rates include:

- ♦ \$200.00 per initial assessment
- ♦ \$160.00 per counseling hour for an individual or family session
- ♦ \$215.00 per extended counseling hour for an individual or family session
- ♦ \$75.00 per counseling hour for a group counseling session

My goal is to help you succeed, but in the small chance we reach an unsolvable impasse, you may contact:

Michigan Department of Community Health, Health Regulatory Division

P.O. Box 30670, Lansing, Michigan, 48909

(517) 335-0918 \* [www.michigan.gov/healthlicense](http://www.michigan.gov/healthlicense)